



Sussex Acquired Brain Injury Forum Acquired Brain Injury (ABI) Resources 2025

L = Local Service

N = National Service

Local Authority Services

Adult Social Care – core service first port of call:

East Sussex: <https://www.eastsussex.gov.uk/social-care> (L)

West Sussex: <https://www.westsussex.gov.uk/social-care-and-health/social-care-support/> (L)

Brighton and Hove: <https://www.brighton-hove.gov.uk/adult-social-care> (L)

NHS Services

Community Neurological Rehab Teams: <https://www.sussexcommunity.nhs.uk/patients-and-visitors/services/community-neurological-rehabilitation> (L)

Arundel, Bognor Regis, Chichester, Midhurst, Petworth, Pulborough and Loxwood Community Neurological Rehabilitation - West: <https://www.sussexcommunity.nhs.uk/patients-and-visitors/services/community-neurological-rehabilitation-west> (L)

Horsham - North of West Sussex - Community NHS Trust: <https://www.sussexcommunity.nhs.uk/patients-and-visitors/services/community-neurological-rehabilitation-north> (L)

Adur, Worthing and Chanctonbury: <https://www.sussexcommunity.nhs.uk/patients-and-visitors/services/community-neurological-rehabilitation-south> (L)

Brighton and Hove: <https://www.sussexcommunity.nhs.uk/patients-and-visitors/services/community-neurological-rehabilitation-brighton-and-hove> (L)

High Weald, Lewes and Haven: <https://www.sussexcommunity.nhs.uk/patients-and-visitors/services/community-neurological-rehabilitation-high-weald-lewes-and-haven> (L)

East Sussex services - <https://www.esht.nhs.uk/service/rehabilitation/our-rehabilitation-services/> (L)

- Eastbourne, Seaford and Hailsham- Joint Community Rehabilitation Service (covers all acquired brain injuries): <https://1space.eastsussex.gov.uk/Services/2478/Eastbourne-Hailsham> (L)
- Hastings and Rother – Community Stroke Service (includes Brain Injury): <https://www.esht.nhs.uk/service/community-stroke-rehabilitation/> (L)
- ESHT Neurological Outpatient Service: <https://www.esht.nhs.uk/service/neurology/neurological-outpatient-physiotherapy/> (L)
- Irvine Rehabilitation Unit: <https://www.esht.nhs.uk/our-locations/bexhill-hospital/irvine-unit/> (L)
- ESHT After Trauma Service - After Trauma Team – East Sussex Healthcare NHS Trust: <https://www.esht.nhs.uk/service/rehabilitation/after-trauma-team/#:~:text=The%20ESHT%20After%20Trauma%20Team,the%20whole%20of%20East%20Sussex> (L)

Brain Injury Nurse Service Brighton Hospital – Contact via head.injury@nhs.net (contact name is Michelle East) (L)

Donald Wilson Rehab Centre (Chichester) – level 2b inpatient NHS rehab: <https://www.uhsussex.nhs.uk/professionals/clinical-networks/sussex-trauma-network/service-directory/donald-wilson-house-rehabilitation-centre-university-hospital-sussex-foundation-trust/> (L)

Neuro Outpatient Physiotherapy Service (University Hospitals Sussex): <https://www.uhsussex.nhs.uk/professionals/clinical-networks/sussex-trauma-network/service-directory/neuro-outpatient-physiotherapy-service-university-hospitals-sussex-nhs-foundation-trust/> (L)

Sussex Health and Justice Service - <https://www.mpft.nhs.uk/about-us/latest-news/new-health-and-justice-service-launched-sussex> (L)

Sussex Rehabilitation Out-Patient Service (Brighton General): <https://www.uhsussex.nhs.uk/professionals/clinical-networks/sussex-trauma-network/service-directory/sussex-rehabilitation-out-patient-service-brighton-and-hove/> (L)

Sussex Rehabilitation Centre (Princess Royal) – level 2a inpatient NHS rehab: <https://www.bsuh.nhs.uk/stn/services/sussex-rehabilitation-centre/> (L)

Stroke Health and Well Being service (RSCH): <https://www.sussex.ics.nhs.uk/our-work/our-priorities/urgent-and-emergency-care/stroke/improving-stroke-services-in-west-sussex/> (L)

South East DriveAbility: <https://www.kentcht.nhs.uk/service/southeast-driveability/> (L)

Time to Talk (West Sussex): <https://westsussexalkingtherapies.nhs.uk/> (L)

Charity, Third Sector and Voluntary Groups

Sussex Acquired Brain Injury Forum – SABIF - SABIF's aim is to enable a clearer understanding and promote awareness of acquired brain injury within the ABI community within Sussex for the benefit of people with brain injury in all its forms. SABIF also provides a network for people interested in Brain injury in Sussex and free local training in the field of ABI. SABIF meets every 3 months (between 4-6pm) (mainly by video conference) across various venues in Sussex, and everyone is welcome to attend. At our SABIF meetings, we have outside speakers, usually professionals, but not limited to, about topics relating to abi - for instance, by way of background information, we have had talks from leading professionals about the use of helmets, disexecutive syndrome, the effects of brain injury, the Criminal Justice ABI Group, the 3Ts project as well as talks from carers giving their perspective. It is all free of charge. Contact: Shanice Samuel shanice.samuel@clmedilaw.co.uk https://www.facebook.com/sussexabif?locale=en_GB (L)

Headway UK- advice line (0800 800 2244) and emergency support: <https://www.headway.org.uk/> (N)

Headway Sussex - hospital liaison service, support groups, online support etc: <https://headwaysussex.org.uk/> (L)

Sussex Advocacy Partnership: <https://www.sussexadvocacypartnership.co.uk/> (L)

Brain Kind - vocational and rehab services, based in Burgess Hill but are national: <https://brainkind.org/> (N)

Friends of ABI Survivors: <https://www.fabischarity.com/> (N)

Health in Mind: <https://www.healthinmind.org.uk/> (L)

Silver Lining Brain Injury Charity - <https://www.thesilverlining.org.uk/> (L & N)

Phoenix Stroke Club: <https://www.phoenixstrokeclub.org.uk/> (L)

Possibility People: <https://www.possabilitypeople.org.uk/> (L)

Care for Veterans: <https://www.careforveterans.org.uk/> (L & N)

Aphasia etc: <https://aphasiaalliance.org/> (N) <https://www.afasic.org.uk/> <https://www.stroke.org.uk/>
<https://www.alzheimersresearchuk.org/dementia-information/types-of-dementia/primary-progressive-aphasia/support/>
<https://www.sayaphasia.org/> (L & N)

Abilitynet: <https://abilitynet.org.uk/> (L)

Citizens Advice Bureau – CAB: <https://www.citizensadvice.org.uk/> (L)

UK Acquired Brain Injury Forum - UKABIF: <https://ukabif.org.uk/> (N)

Brain and Spine Foundation: <https://www.brainandspine.org.uk/> (N)

Brain is BIG: <https://www.braininjurygroup.co.uk/> and <https://www.braininjurygroup.co.uk/services-a-z/brain-injury-big/> (N)

The Brain Charity: <https://www.thebraincharity.org.uk/> (N)

The Neurological Alliance: <https://www.neural.org.uk/> (N)

Attend ABI: <https://abi.attend.org.uk/> (N)

Star Drug and Alcohol Service: <https://www.changegrowlive.org/star-drug-alcohol-service-east-sussex/drugs> (L)

South East DriveAbility: <https://www.kentcht.nhs.uk/service/southeast-driveability/> (L)

Kent Surrey Sussex Air Ambulance Charity – patient and family aftercare service: <https://aakss.org.uk/patients-and-relatives/> (L)

RoadPeace: <https://www.roadpeace.org/> (N)

Brake: <https://www.brake.org.uk/> (N)

Children's and Young Adults' Services

Child Brain Injury Trust – CBIT: <https://childbraininjurytrust.org.uk/> (N)

Chailey Heritage: <https://www.chf.org.uk/> (L)

N-ables: <https://abil.co.uk/the-national-abi-education-and-learning-syndicate-n-ables/> and <https://ukabif.org.uk/page/NABLES> and <https://abil.co.uk/> (N & L)

Children's Trust at Tadworth: <https://www.thechildrenstrust.org.uk/> and <https://www.nhs.uk/services/care-provider/the-children-s-trust-tadworth/1-141909291> (N)

Funding / Grants:

Turn2us: <https://www.turn2us.org.uk/>

Major Trauma Signposting Partnership - MTSP – Frenkel Topping Fund: <https://mtsp.info/ft-charity-fund/>

Headway UK: <https://www.headway.org.uk/supporting-you/headway-emergency-fund/> and <https://www.headway.org.uk/about-brain-injury/further-information/useful-organisations/funding/>

Private Providers (Rehab and Residential Services)

N.B. Some of these are outside of Sussex but we understand are regularly commissioned in Sussex, there are a few other private inpatient providers which are further afield and only used for very complex patients.

QEF – Queen Elizabeth Foundation, Leatherhead, KT22 0BN – inpatient level 2b equivalent. <https://www.qef.org.uk/>

Avanti – St Leonards, TN38 0PA – ‘day centre’ rehab provision, able to provide physio, OT, SALT, psychology as well as cognitive groups. <https://www.avanti-abi.co.uk/>

Chaseley Trust – Eastbourne, BN20 7JH – residential setting with nursing, cares for people with severe physical disabilities, has an onsite gym with physio. <https://chaseley.org.uk/>

Care For Veterans – Worthing, BN11 4LJ – long term care and rehab for ABI and degenerative neurological conditions. <https://www.careforveterans.org.uk/>

Egerton Road (Priory Group) – Bexhill-on-Sea, TN39 3HH – residential setting for people with an ABI. Long term residential setting but some capacity for respite placements/step down from inpatient rehab. <https://www.priorygroup.com/locations/residential/egerton-road>

The Vines (Priory Group) – Crowborough, TN6 1TE – residential setting for people with an ABI, as above. <https://www.priorygroup.com/locations/residential/the-vines>

Swanborough House (Renovo) – Brighton, BN2 5PH – residential setting for long term care from ABI. Advertised as providing slow stream rehab but less used for this as has rehab assistants rather than full MDT. <https://renovocare.co.uk/our-locations/swanborough-house-brighton/>

Hothfield Brain Injury Rehabilitation and Neurological Centre – Hothfield (near Ashford), TN26 1AZ - inpatient level 2b equivalent. <https://activecaregroup.co.uk/location/hothfield-rehabilitation-centre/>

Kerwin Court (Brainkind, formerly BIRT) – Horsham, RH13 0TP – inpatient rehab (does not have nursing). <https://brainkind.org/services/kerwin-court/>

Hollanden Park Hospital – Hildenborough, TN11 9LE - inpatient level 2b equivalent. <https://renovocare.co.uk/our-locations/hollanden-park-hospital-hildenborough/>

VIM Healthcare – Albourne, BN6 9FF – outpatient rehab, use of gym and robotic technology. <https://vimhealthcare.co.uk/>

Carer's Services

Carers Trust: <https://carers.org/> (N) with <https://carers.org/help-for-carers/carers-services-near-you> (N)

Carers UK: <https://www.carersuk.org/> (N)

Crossroads Care: <https://esbhcrossroads.org.uk/> (L)

The Carers Centre: <https://www.thecarerscentre.org/> (L – Brighton and Hove)

Carers Hub: <https://carershub.co.uk/> (L – Brighton and Hove)

Care for the Carers: <https://www.cftc.org.uk/> (L – East Sussex)

Carers Support: <https://www.carerssupport.org.uk/> (L – West Sussex)

Sussex Health and Care Support For Carers: <https://www.sussex.ics.nhs.uk/carers/support-for-carers/> (L – Sussex)

Legal Services

Headway Solicitors Directory: <https://www.headway.org.uk/supporting-you/in-your-area/head-injury-solicitors-directory/> (N & L)

Others

Heads Together: <https://www.headstogether.org.uk/> (N)